New England Deaconess Hospital
Boston, Massachusetts

# pulse

VOLUME 27 — NUMBER 1 OCTOBER 1973

# Christmas bazaar to be December 7

The first frost has yet to be sighted, but plans are already underway for the Annual NEDH Christmas Bazaar. Sponsored by the Friends of the Deaconess and the School of Nursing, the bazaar will be held Friday, December 7 at 9 A.M. in the Farr lobby.

Co-chairwomen Mrs. Leo Krall and Mrs. Elmer Hinton are requesting contributions of handmade and saleable articles to stock the tables. Chairwomen of the various tables are: Mrs. James T. Mountz, Christmas decorations; Mrs. David Logan, household articles and holiday gift shop; and Mrs. Richard Paige, children's clothes and toys. The flower table and new and used book table will also be run by the Friends. Mrs. Elton Watkins, Jr. will man the food table, selling holiday bakery contributed by the Deaconess doctors' wives.

The School of Nursing will have two tables. Miss Ceneath Boulier, nursing school registrar, will be chairwoman of the white elephant table and Miss Glenny Jackson and Miss Phyllis Giardini will be co-chairwomen of the candy table.

A special feature this year will be the granny gift shop featuring gifts specially made for children to give grandma for her stocking.

Donations should be given to the individual chairwomen or to Mrs. Irma A. Kellner, director of volunteers. As December 7 approaches, a barrel will be placed in the Farr lobby for the deposit of white elephants.

The Christmas bazaar is going to be THE place to shop for all your Christmas gifts. Gifts in all sizes and shapes and appealing to all ages will be beautifully displayed. Treat yourself to a shopping spree. All proceeds go to the School of Nursing scholarship fund.

## Renovations continue

While many Deaconess employees took to the beaches this summer, maintenance crews were hard at work renovating space in the hospital in time for fall.

Early September saw the completion of the new cystoscopy room located on Farr 5 in the former ambulatory operating room. The new facility replaces the cystoscopy room on Farr 2 and frees space for the expansion of nuclear medicine in the radiology department.

The former mail room on Deaconess 1 was renovated for use by the laboratory business office, which moved from Palmer 6. The office was then converted to a student teaching laboratory.

Renovations were completed on Baker 1 for the employee relations department. The area is now a sparkling display of color. At Harris Hall addtional faculty offices were created.

After Labor Day the 25 Autumn Street house received a modest face

(*Continued on page 2*)

## Nursing school has open house

The NEDH School of Nursing had its annual open house September 25 from 1 P.M. to 4 P.M. at Harris Hall. Miss Anne Howard, admissions counselor, greeted the high school juniors, seniors, and guidance personnel.

The open house gave the high school students a taste of the Deaconess nursing program. Nursing students conducted tours of Harris Hall and the hospital and showed slides of the facilities. The movie "On The Side of Life" was shown as a general introduction to a nursing career.

Demonstrations in bandaging, gowning, and the use of special equipment, including a double stethoscope to hear your own heart beat, were given in Harris Hall's laboratory.

Deaconess students were always available for questioning, as was Mrs. Janie Chapman, assistant director of the school.

After a busy afternoon, one of the high school students summed up the day.

"What is it like to be a Deaconess nurse? Is it hard?"

"Yes . . . but it's worth it," replied a nursing student who graduates this year.

# Intravenous Therapy Manual to be distributed soon

After one year of doing research and writing procedures, the Intravenous Therapy Manual will be ready for distribution by late fall. Prepared by the Intravenous Therapy Department, the manual is a first for the department.

Besides providing uniformity in procedures and policies, the manual distinguishes the roles of staff members in the team effort.

Months of preparation went into the manual. Members of the Intravenous Therapy Department went to six neighboring hospitals, Massachusetts General, Quincy, St. Elizabeth's, New England Baptist, Melrose-Wakefield, and Peter Bent Brigham, with questionnaires to compare their procedures with those of Deaconess. Although the circumstances of each hospital were different, a lot was learned in the comparison.

Other hospitals are now requesting copies of the manual, which is being copyrighted. It will be distributed to every associated department in Deaconess including the blood bank, laboratories, inservice, and all floors in the hospital.

The department wants to communicate more than procedures and policies in their manual. Intravenous therapy, often a life saving part of patient care, dates back to the late 1920's when the advances of biochemistry were applied to aiding the convalescence of surgical patients. In hospitals at that time solutions injected intravenously were made at the pharmacy where the personnel were expert in handling drugs but had little conception of bacterial contamination and the need for sterility in solutions.

The actual administration of IV solutions was done by the junior house officer, who had to learn on the patient. Since house officers rotated every three months, the procedure was a poor way of doing things from the standpoint of the patient.

The problems of safety and sterility caused the administrative staff in the 1930's to recommend the formation of an intravenous therapy department staffed with permanent highly trained personnel. Ruth Upton was the first IV nurse.

A special facility was set up for the preparation of IV solutions, which were not prepared commercially then. Advances were being made in the postoperative treatment of patients and a variety of new solutions had to be prepared with the aid of the nursing department and the operating room nursing staff. IV therapy was becoming an important type of therapy for practically all seriously ill patients.

This procedure continued for almost a quarter of a century. As commercial solutions became safer and more available, responsibility for IV solutions was transferred to the pharmacy.

Since 1919 when the early transfusions were administered, intravenous therapy has advanced considerably in technique and procedure.

Hopefully, the new Intravenous Therapy Manual at Deaconess will be effective in communicating these improvements. An ongoing committee will be responsible for updating and revising the new manual.

*Deaconess nursing students Nancy Sharkey (l.) and Joanne Brown (r.) explain some of the instruments that students must become familiar with during their operating room experience to Dedham High School students (l. - r.) Kathy Canham, Sharon Crowe, and Evelyn Glover.*

# Bowling strikes again

Like peals of thunder, the balls spun down the alleys and struck the pins. Sounds of a direct hit echoed throughout the Boylston Bowladrome. The 1973-1974 bowling season had begun and 40 Deaconess bowlers had turned out for the September 20 opening game.

The new season has everyone out to beat last year's trophy winners. Jim Dillahunt, Deaconess' star bowler, won all three trophies with a high single of 151, high three string of 360, and high average of 110 per string. His female counterparts were Linda Bracken, who won the women's high single, and Mary Hennessey, winner of women's high three string and high average.

Approach, footwork, grip, and delivery make for top scores. The slightest twist of the wrist or turn of the ankle can turn a strike into a no score. A warp in the alley can transform physical perfection into frazzled nerves. Concentration counts. So does luck. Even the best of us can have one of those days.

The bowling league began in 1946, announced in the first issue of the PULSE, under the guidance of Charles Schraub. What started with four to six people bowling together every week developed into today's league of three divisions totalling ten to twelve teams, four people to a team.

Although bowling has been around for years, candlepin bowling did not become organized until 1927, when the National Duck Pin Bowling Congress was formed. The first annual National Duck Pin Championships for men and women were held in 1928 in Washington, DC.

With the exception of archery, bowling is the oldest surviving English sport. Played as early as the thirteenth century, the first mention of "bowls" occurred in the time of Henry VIII. During the Elizabethan era bowling alleys were found throughout the country.

The French played carreau, a primitive form of bowling, before the reign of Charlemagne. Flemish immigrants to Scotland introduced curling, an adaptation of bowling played on ice, in the sixteenth century.

The American game of bowling most closely resembles the ninepins of Rip Van Winkle's Dutch compatriots. The American Bowling Congress date the origin of ninepins with the Dutch Settlers of Manhattan Island in 1623. It was a favorite pasttime in Holland.

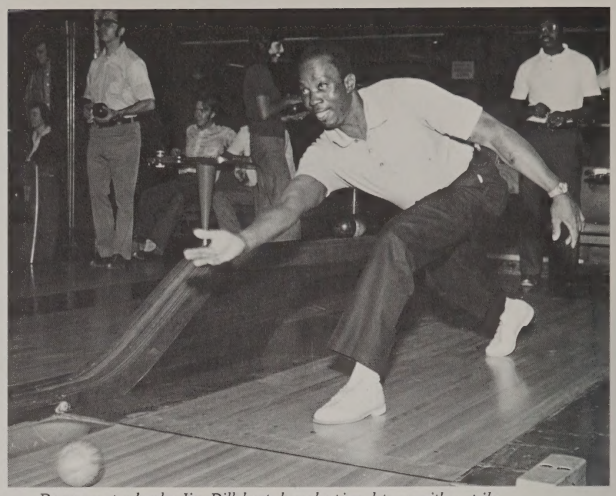
The sport quickly thrived in America. The American Bowling Congress in 1895 put order to the game by making uniform all alleys, equipment, and rules.

America's fastest growing sport has come to the Deaconess for another season of fairplay and fun. The Deaconess team will be rolling off every Thursday at 6 P.M. at the Boylston Bowladrome. It's not too late to become part of the action. Call Mary Hennessey, extension 2060.

There are no dues, but there is a charge of $2.50 per person a night to pay for the use of the bowling alleys and the season finale, the bowling outing and the awarding of trophies. To liven up the games this year, door prizes will be awarded. Holidays bring door prizes of hams and turkeys.

"I like everybody getting together and having a good time. And it's fun." That's why Jim Dillahunt joined the bowling team. Why don't you.

*Warming up at the alleys are: (front row l. - r.) June Forbes, maintenance; Kathy Giblin, administrative services; Margaret Davis, booking; (top row l. - r.) Gail Graham, administration; Mary Hennessey, patient services; Michael Yasner, central supply; and Joe Smith, maintenance.*



*Deaconess star bowler Jim Dillahunt, housekeeping, lets go with a strike.*

# Tax sheltered annuity plan – an employee benefit

As part of the hospital's policy of offering benefits designed to assist you and your family in planning for financial security, you may supplement your retirement income earned at the hospital and from social security by participating in a "Tax Sheltered Annuity Plan" through the Paul Revere Variable Annuity Insurance Company.

It permits you to set aside money with "before tax" income rather than "after tax" income. This tax shelter results in substantial savings to you and is an economical and convenient way to save money for your retirement.

All you need to do is agree to "reduce" your salary by the amount of your contribution to the Plan. The hospital will deduct this amount from your pay and remit it to the insurance company in your name.

Contact the Employee Relations Department to answer your questions or to become a member of our plan.

# Doctors doings

**Dr. Mian M. Ashraf,** thoracic surgery, presented a postgraduate education program, "New Concepts in the Treatment of Coronary Artery Disease," May 30 at Sacred Heart Hospital, Manchester, N. H.

* * *

**Dr. David P. Boyd,** thoracic surgery, attended the June 1-9 meeting of the International Congress for the Study of Neoplastic Diseases at the German Cancer Research Center in Heidelberg, Germany. President of the American Association for the Study of Neoplastic Diseases, Dr. Boyd represented the organization at the international meeting where he also was a participant in three panel discussions. On May 21, he lectured about "Respiratory Therapy and Intensive Care" at the John E. Fogarty Memorial Hospital, Woonsocket, Rhode Island.

* * *

**Dr. Robert F. Bradley, Jr.,** internal medicine, spoke to the Georgia Diabetes Association and the Medical College of Georgia, Augusta, May 10 about the "Current Use of Oral Hypoglycemic Agents in the Treatment of Diabetes."

**Dr. Bentley P. Colcock,** general surgery, was elected president of the Massachusetts Medical Society, May 23, at the society's council meeting in Boston.

* * *

**Dr. Raymond F. Maguire** and **Dr. Bradley E. Copeland,** pathology, served on a team which inspected the laboratories at Mary Hitchcock Hospital, Hanover, N. H., for the College of American Pathologists on May 1. Dr. Maguire has been promoted to assistant professor of pathology at the Harvard Medical School.

* * *

**Dr. Rob Roy McGregor,** D.P.M., podiatry, presented a program about "Foot Care and the Diabetic," June 12, to the Merrimack Valley Diabetic Education Program, Inc., in Andover, Mass.

* * *

**Dr. William A. Meissner,** pathology, **Dr. F. Warren Nugent,** gastroenterology, and **Dr. Malcolm C. Veidenheimer,** general surgery, published an article, "Inflammatory Disease of the Colon," in the May 28, 1973 issue of Modern Medicine.

(*Continued on page 3*)

## Renovations continue . . .

(*Continued from page 1*)

lift to accommodate the accounting, training, and security personnel who had to be out of Norwich House by October 1, the date set for its demolition in order to proceed with construction on the new clinical lab facility.

At new quarters on Autumn Street, accounting will occupy the entire first floor. The security and training departments will be on the second floor.

September ended with the completion of work in the diabetic cafeteria in the diabetes treatment unit. Renovations were necessitated by the enlargement of the eye research and laser treatment areas of the Joslin Foundation.

At the moment work is nearing completion in the first floor offices of the pathology department and just beginning in the expanding medical library on Deaconess 1.

Although it may seem like musical chairs to those both observing and involved in location changes, Assistant Director Hubert D. Sycamore assures us that the intentions are the best . . . better service for our patients, employees, and staff. Many hours of thought and planning have gone into the relocation of the various departments and services, with the ultimate goal of increased efficiency being the underlying motivation. Like good music these renovations are designed for smooth and workable orchestration.

# Doctors doings . . .

(*Continued from page 2*)

**Dr. Daniel Miller,** otolaryngology, was elected president-elect of the Society of Head and Neck Surgery, at the April 29 - May 2 meeting of the society in Hot Springs, Virginia. He also discussed two papers at the meeting: "Chemoimmunology for Cancer of the Head and Neck" and "Antibody Levels for Herpes and Epstein — Barr, Viruses in Patients with Carcinoma of the Intrinsic Larynx and Hypopharynx." May 6-10, he was a guest lecturer at the Pacific Coast Oto-Ophthalmological Society Meeting in Portland, Oregon. Dr. Miller lectured about "Cryosurgery of the Larynx for Carcinoma and Papilloma" at the May 21-25 meeting of the International Congress of Otolaryngology, Venice, Italy.

* * *

**Dr. Albert L. Sheffer,** allergy and clinical immunology, presented a panel discussion about "Urticaria" and "Angioedema: Current Aspects of Mechanism and Treatment" at the June 24 annual meeting of the American Medical Association in New York City. He published an article, "Drug Treatment of Anaphylaxis," in the spring 1973 issue of *Seminars in Drug Therapy.*

* * *

**Dr. David Steinberg,** hematology and internal medicine, published an article, "Necrotizing Enterocolitis in Leukemia," in the April 1973 issue of *Archives of Internal Medicine.* He was elected a member of the American Society of Hematology last December.

* * *

**Dr. Marshall Strome,** otolaryngology, spoke about "Acute Inflammations of the Head and Neck" at an infectious disease seminar, May 30, at Children's Hospital Medical Center. He also lectured about "Croup C and Acute Epiglottitis" at the May 2 course on pediatric otolaryngology, at Children's Hospital Medical Center.

* * *

**Dr. Neil W. Swinton, Jr.,** internal medicine, presented a paper entitled "Lumbar Sympathectomy for Ischemic Feet: Analysis of 100 Patients" at a May 13 seminar sponsored by Chelsea Naval Hospital.

CANDLELIGHTING CEREMONY WELCOMES CLASS OF 1976. *The Class of 1976 received an official welcome to the School of Nursing as 65 freshmen took part in the traditional Candlelighting Ceremony held in the Joslin Auditorium, September 28, 8 P.M. The students, wearing their uniforms for the first time, symbolized their service and dedication to nursing. After an invocation by Chaplain Curtis and a greeting from Executive Vice President R. D. Lowry, Director of Nursing Ellen D. Howland explained the symbolism of the ceremony. Each student then advanced to the stage to receive a lighted candle from Student Council Vice President Paula J. Gooley and an NEDH pin from Miss Howland. Also assisting in the ceremony was Miss Joan Randle, assistant director of the nursing school. The Class of 1976 recited a pledge to the school and sang "Follow the Gleam" as the ceremony ended.*

# A thrifty place to shop

Bargain basement? Flea market? Antique dealer? How do you describe the Deaconess Thrift Shop? It's like stepping into your grandmother's attic. Depression glass, hooped petticoats, and first editions are resurrected from trunks and put on display.

Located near the entrance to the new parking garage, the Thrift Shop is a fashion show, accessorized by jewelry, appliances, and dishes that can span almost one hundred years.

The Deaconess' answer to inflation is an idea that grew from rummage sales held in the basement of Mrs. Shields Warren's home. As the sales increased in quantity and popularity, Deaconess donated space in the old maintenance house in 1951. First year profit was $319.12. In 1954 the Thrift Shop moved to the nurses home, then to what is now the Observation Unit in 1960, and in 1968 moved to its present location.

The Thrift Shop is just one of the projects of the Friends of the Deaconess, the hospital auxiliary, and runs on the work of eighteen dedicated volunteers, all Friends. Mrs. Laurence P. Dakin and Mrs. George Irwin Rohrbough, co-chairwomen of the shop, talk enthusiastically about the finds they receive from the donations that keep the store in operation.

*Dr. Lloyd M. Aiello's wife Nancy decides on jewelry.*

"We had a dress from the '90's, hand-made. It was pink and it was just beautiful. Naturally it sold in a minute," says Mrs. Rohrbough.

Shipments of delights come almost daily. They are crowded into the marking room — the door on the left as you enter the shop — for pricing by a committee of five Friends, who are experienced in the values and going rates of anything from a single silver spoon to suit jackets. Any questions about the value of an antique are referred to a professional, accredited appraiser at no cost, as the Deaconess is a nonprofit institution.

The items then go on display in the selling room for perusal by customers. Stock is not constant. The store sells what it is given. The old saying, "Here today, gone tomorrow," holds true here. What is on display at 1 P.M. may within minutes never be seen again, ever.

"Some things go like hotcakes," says Mrs. Rohrbough, "The things we can't use go to Goodwill."

People who donate more than $5.00 worth of goods, according to the shop's prices, receive a notice for the tax-deductible amount for income tax purposes. This way, customers are not the only ones to benefit.

Mrs. Rohrbough describes the Thrift Shop as the shopping place with a sympathetic ear. Former patients coming to the Deaconess for semi-annual check-ups will come in to see how things are going as well as to browse. Joslin clinic patients will pop their heads in between classes. Relatives will look for "just the right item" to bring to a sick cousin or father. Many of the regular customers are staff and employees. Even antique dealers stop at the store.

*Co-chairwomen Mrs. George Rohrbough (r.) and Mrs. Laurence P. Dakin admire a contribution before placing it on the shelf for display.*

An employee has described the Thrift Shop as "the largest variety of interesting things of any thrift shop in Boston."

On the side of one wall are dishes, glasses, and appliances. The antiques and crystal of that category are encased on the opposite wall for viewing and more careful handling. A 1910 signed Hawkes relish dish valued at $50, and the more expensive jewelry hold court in a nearby cabinet.

Men's and women's clothing, everything from suits to evening gowns, shirts to shirtwaists, are on racks waiting to be tried on and brought home. Clothes are the biggest sellers. Children's books, linens, lingerie, and bric-a-brac round out the store.

Browsing and see something you like? The Thrift Shop will hold for one week up to five articles valued not more than $25.

In winter the shop is open Monday, Tuesday, Wednesday, and Friday, 10 A.M. to 3 P.M. In summer business hours are Tuesday, Wednesday, and Thursday, 10 A.M. to 3 P.M.

From a 1940's rummage sale, the Thrift Shop has expanded considerably. It expects to make over $16,000 this year. With no overhead, and total expenses running a yearly $250, the rest is profit to be given to the Deaconess Hospital.

The Deaconess benefits in more ways than money. It benefits by the good will that is made between volunteers and between shoppers.

# 40 employees receive service award pins

Employees serving the Deaconess a total of 285 years were honored at a service award luncheon held September 26 at the Riverway Restaurant's Terrace Room. They were greeted by members of the administration and department heads of the hospital.

Executive Vice President R. D. Lowry commented on the events that occurred during the five to forty years employees worked at the Deaconess.

"When many of you came to work here five years ago, there was a flu epidemic. The tunnel was built. And we had a memorial service for Martin Luther King, Jr.

"Ten years ago construction started on the Shields Warren Lab and we moved into 110 Francis Street. Fifteen years ago we built new shops in the laundry. Twenty-five years ago we bought a snow plow and a new X-Ray machine and paid off our last mortgage.

"Forty years ago the Baker Building and the cafeteria were built. We bought a new X-Ray machine for $3000. And Dr. Olive Gates joined our staff."

Dr. Gates, recipient of a 40 year award pin, remembers all these events. Mrs. Janie G. Chapman, assistant director of the nursing school and a Deaconess family member for 25 years, has vivid memories of a quarter of a century of hospital growth.

Employees receiving awards for 15 years of service could not attend the luncheon. They were Rose Soares, laundry, and Karen A. George, nursing.

As Mr. Lowry announced service award recipients, Director Richard E. Lee gave each individual a pin. All those receiving awards began their service in August or September.

*RIGHT: Ten-year award recipients were Mr. Fabio F. Alvarino, central supply, and Mrs. Jeanne H. Bates, nursing. Those who could not attend the luncheon were Mrs. Elsie I. Hansen, dietary, and Mrs. Janet L. Hallowell, IV therapy.*

*Five-year service award recipients were: (bottom row l. - r.) Mrs. Margaret R. Davis, booking; Mrs. Lani J. Lukow, Mrs. Lynn Coder, chemistry; Mrs. Janice McGonagle, Miss Joan M. Farrington, Mr. Gilman L. Lane, Miss Diane M. Landry, respiratory therapy; and Mrs. Lorraine M. Daley, recovery room; (top row l. - r.) Director Richard E. Lee, Mrs. Joanne B. Kruger, bacteriology; Miss Greta V. Rowe, nursing; Mrs. Ann Kulenkamplemmers, medical records; Miss Zee Gorman, training; Miss Regina M. Rafferty, Mrs. Ethel M. Stubbs, nursing; Mrs. Mary S. Schade, radiation therapy; Miss Ann H. Gough, Miss Mary C. D'Arcy, nursing school; Miss Sharon Lee Mandeville, Mrs. Gwendolyn Crane, nursing; and Executive Vice President R. D. Lowry. Those who could not attend the luncheon were: Mr. Timothy F. Sullivan, administrative services; Dr. Micheline Federman, Cancer Research Institute; Miss Jane A. Nussbaum, Miss Allys C. Van Landegend, chemistry; Miss Marjorie D. Cutler, Miss Mary L. Ferris, Miss Judith A. Smith, hematology; Miss Teresa B. DiDomizio, IV therapy; Miss Ruth R. Johnson, nursing; Miss Carolyn U. Graham and Mrs. Mary Ellen Parisi, intensive care.*

*LEFT: Executive Vice President R. D. Lowry and Director Richard E. Lee give Mrs. Janie G. Chapman, assistant director of the nursing school, her 25-year service pin.*

*RIGHT: Executive Vice President R. D. Lowry congratulates Dr. Olive Gates for 40 years of service. Dr. Shields Warren (r.) and Director Richard E. Lee (far right) also extend congratulations.*



New England Deaconess Hospital
185 Pilgrim Road
Boston, Massachusetts 02215

pulse

The New England Deaconess Hospital is a 482-bed and 16-building complex. Physicians from the Joslin Diabetes Foundation, Inc., the Lahey Clinic, Overholt Thoracic Clinic and the independent medical and surgical staffs serve the needs of their patients at the hospital. The Deaconess is internationally known for diagnosis, treatment and research in brain and chest surgery, cancer, diabetes and general medicine.

PULSE is published monthly by the public relations department of the New England Deaconess Hospital.

R. D. Lowry
*Executive Vice President*
Richard E. Lee
*Director*
Evans F. Houghton
*Public Relations Manager*
Diane Wiffin
*Public Relations Assistant*
M. Eleanor Clapp
*Copy Editor*

## Pulse mailing

PULSE keeps you up on the Deaconess news. If you aren't receiving the PULSE, contact the public relations department. Those who receive duplicate issues of PULSE should clip the mailing labels and send them to public relations.

There are several mailing lists. Each label is coded to correspond with a different list. Only by having the label from your PULSE can the situation be corrected.

New England Deaconess Hospital
185 Pilgrim Road
Boston, Massachusetts 02215

Non-Profit
U. S. Postage
1.7¢ PAID
Permit No. 18
Holliston, Ma. 01746

TIME VALUE